



Auntie Anne's® FUNDRAISING

Nutrition Facts	Dough Mix	Baked Pretzel with Butter and Salt	Baked Pretzel with Butter and Cinnamon Sugar
	1/10 package (68g)	1 pretzel (102g)	1 Pretzel (104g)
Serving Size	1/10 package (68g)	1 pretzel (102g)	1 Pretzel (104g)
Servings Per Container	10	10	10
Amount Per Serving			
Calories	250	270	280
Calories from Fat	10	30	30
	% Daily Value*	% Daily Value*	% Daily Value*
Total Fat	1g	3.5g	5%
Saturated Fat	0g	0%	8%
Trans Fat	0g	0g	0g
Cholesterol	0mg	0%	2%
Sodium	230mg	10%	32%
Total Carbohydrate	52g	17%	18%
Dietary Fiber	2g	8%	8%
Sugars	10g	10g	13g
Protein	6g	6g	6g
	% Daily Value*	% Daily Value*	% Daily Value*
Vitamin A	0%	2%	2%
Vitamin C	0%	0%	0%
Calcium	2%	2%	2%
Iron	4%	4%	4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: DOUGH MIX: WHEAT FLOUR BLEND [WHEAT FLOUR, ENRICHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID)], SUGAR, CONTAINS 2% OR LESS OF THE FOLLOWING: YEAST, DEXTROSE, SALT, SODIUM BICARBONATE, CORN STARCH, MOLASSES, SODIUM ALUMINUM SULFATE, ACID PHOSPHATE OF CALCIUM. **CINNAMON SUGAR:** SUGAR, CINNAMON. **BAKING SODA:** SODIUM BICARBONATE. **SALT:** SALT. **YEAST:** YEAST, SORBITAN MONOSTEARATE

CONTAINS: WHEAT



[A102] AUNTIE ANNE'S PRETZEL KIT

Yield: 10 Auntie Anne's soft pretzels, one pizza crust or one Monkey Bread

Zero Trans Fat

Want freshly baked Auntie Anne's pretzels but you're nowhere near the mall? Bake them at home! We provide the ingredients; you provide the fun! Each kit includes the mix, salt, cinnamon sugar, and baking instructions for 10 perfect pretzels. You can also make Pretzel Dogs, Deep Dish Pizza, and Monkey Bread, check out AuntieAnnesRecipes.com!